

KANDY STEVENS stevensk@friscoisd.org VARSITY

SHANNON SMITH

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KATHERINE RAINWATER

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LHS REDHAWK CHEER WEBSITE https://lhsredhawkcheer.weebly.com/

- Tonight's presentation
- Absence reporting form
- Discipline form
- Physicals





CHEER EVENTS

CALENDARS

- Google cheer calendar google calendar app
- Everyone is responsible for keeping up with calendar (there are options in the app to get notifications when changes are made).

All times and dates are subject to change but will communicated in timely manner

Consider any event published to calendars MANDATORY

GROUPME (free messaging app)



- Electronic communication for CHEERLEADERS will occur over "GroupMe"
 - Positive and open form of communication between coaches & cheerleaders.... NO TEXTING!
 - All conversations are monitored by coaches
- Each cheerleader should check google calendar for dates and times of events, as well as what they are expected to wear <u>BEFORE</u> using Groupme!!!!!!
- Electronic communication for **PARENTS** will occur over email

<u>ABSENCES</u>

- Absences can be accumulated by:
 - •Missing an event/practice
 - •Being late or leaving practice/event early
 - •Not providing prior notice of an excused absence
- Cheerleaders absent due to participation in other UIL activities must provide notice 5 days of missed practice/event
- All absences must be documented through the <u>ABSENCE REPORTING FORM</u>
 prior to an anticipated excused absence
 within 24 hours of unexpected absence
- Doctor's note must be PHYSICALLY turned into Coach no later than 48 hours after the absence.

ABSENCES (cont.)

- •UIL excused absences (ex: volleyball, track, etc.) must be submitted 5 days before absence occurs
 - It is the cheerleader's responsibility to communicate games/activities through the reporting form.
- Seniors & Juniors are allowed 1 excused absence for college visits

CONDUCT & DISCIPLINE SYSTEM

- <u>Link to Conduct & Discipline System</u> details
- <u>MINOR INFRACTIONS</u>: Cheerleaders will receive a demerit for minor infractions and the accumulation of 3 demerits will result in being benched for one performance. Cheerleaders can work off their demerits at the coach's discretion.
- <u>MAJOR INFRACTIONS</u>: Cheerleaders will receive a written notice for major infractions. A cheerleader may be removed from the squad after an accumulation of 3 Major Infractions and immediately upon 3 unexcused absences. An unexcused absence will result in being benched for the next event/performance.

PHYSICALS

- Physical Forms
- Physicals must be completed annually
- Current physical must be turned in prior to the first day of camp AND be dated after 5/1/2024

CLASS/PRACTICE EXPECTATIONS

- After school practices may be added during performance weeks
- Wear **ALL** black unless specified
- Hair pulled up & back
- Nails must be an acceptable length to participate in stunting
- NO jewelry ever!!!



UIL COMPETITION TEAM

• UIL competition will be January 16-18, 2025



- Team will can consist of up to 30 cheerleaders
- UIL teamed will be determined by tryout scores & will be announced after camp
- Participation is expected and is part of the curriculum

<u>UNIFORMS</u>

4/4/24 UNIFORM DISTRIBUTION:

- 5:00 for JV
- 6:00 for Varsity



<u>ORDERS</u>

- Varsity Spirit Fashions
- **PAYMENT LINK**
- **DUE DATE** = 04/12/24



REQUIRED PURCHASES	OPTIONAL IF NEEDED
Fleece pullover	Black sports bra
Rain jacket	Black briefs
	Red & black Sleeves
	Red & black bows

<u>ORDERS</u>

Teamleader - backpacks only
PAYMENT LINK
DUE DATE = 04/26/24

Payment steps:

Select Individual for Payment Type

Estimate Number = 185628

Teamleader Rep = Joni

Amount Due = **\$80.91**

Please provide Name for personalized bag



ORDERS



- Flip Dog Sportswear
 PAYMENT LINK
- **DUE DATE** = 04/6/24

REQUIRED PURCHASES	OPTIONAL IF NEEDED
3 camp shirts	Nfinity Fearless shoes
Skort	
Shorts	

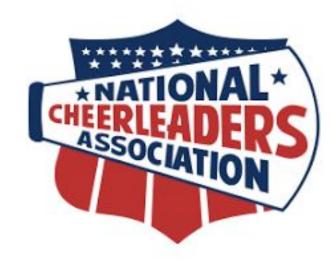
MISC FEES

ContineSchoolFees

A COMPREHENSIVE ONLINE PAYMENT SYSTEM

- Online School Fees
- Payment link
- **DUE DATE** = 08/01/24
 - -Choreography fees \$100
- **DUE DATE** = 08/15/24
 - -Uniform rental fees \$50 Varsity/ \$30 sub-varsity





NCA CAMP camp July 15-17 @ Emerson High School

There will be some evening events planned during this time.

****MANDATORY*****

FALL PRACTICE SCHEDULE

Practices will be starting the first week of August.

Google calendar has already been updated.



MATERIAL LINKS

<u>Material & Music Links</u>



- Please start learning and reviewing material
- New material will be added throughout the next few weeks

Liberty Cheer Booster Club

Membership

 Fees cover cheerleader banquet ticket, camp and UIL snacks, goodie bags, etc...

Scholarships

 Booster provides a scholarship to varsity senior cheerleaders who complete application, meet requirements and are in good standing

Fundraisers help support our efforts to fund scholarships and supplement membership dues.

• Events/Programs We Support

Summer Camp	Community Parade
Redhawk Rally	UIL
Trunk or Treat	State Championships
Lil Redhawk Clinic	Banquet
Pep Rallies	Scholarships
Senior Night	

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